### International Foundations of Medicine Basic Science Exam Blueprint

28%-30%

# **General Principles**

### Biochemistry and molecular biology

gene expression: DNA structure, replication, and exchange gene expression: transcription, including defects gene expression: translation, including defects structure and function of proteins energy metabolism, including metabolic sequences and regulation metabolic pathways of small molecules and associated diseases biosynthesis and degradation of other macromolecules and associated abnormalities, complex carbohydrates, glycoproteins, and proteoglycans

### **Biology of cells**

structure and function of cell components

- signal transduction
- cell-cell and cell-matrix adhesion
- cell motility
- intracellular sorting
- cellular homeostasis
- cell cycle

structure and function of basic tissue components

- adaptive cell response to injury
- intracellular accumulations
- mechanisms of injury and necrosis
- apoptosis

### Human development and genetics

embryogenesis: programmed gene expression, tissue differentiation and morphogenesis, homeotic genes; developmental regulation of gene expression

- congenital abnormalities: principles, patterns of anomalies, dysmorphogenesis
- principles of pedigree analysis
- population genetics: Hardy-Weinberg law, founder effects, mutation-selection equilibrium
- genetic mechanisms
- clinical genetics

### Biology of tissue response to disease

inflammation, including cells and mediators reparative processes neoplasia

### Gender, ethnic, and behavioral considerations affecting disease treatment and prevention

progression through the life cycle, including birth through senescence psychologic and social factors influencing patient behavior patient interviewing, consultation, and interactions with the family medical ethics, jurisprudence, and professional behavior

### Multisystem processes

nutrition

- temperature regulation
- adaptation to environmental extremes

fluid, electrolyte, and acid-base balance and disorders

### Pharmacodynamic and pharmacokinetic processes

general principles

general properties of antimicrobials

general properties of antineoplastic agents and immunosuppressants

### Microbial biology and infection

microbial classification and its basis bacteria and bacterial diseases viruses and viral diseases fungi and fungal infections parasites and parasitic diseases principles of starilization and pure culture technicu

principles of sterilization and pure culture technique

## Immune responses

production and function of granulocytes, natural killer cells, and macrophages

production and function of T lymphocytes, T-lymphocyte receptors

production and function of B lymphocytes and plasma cells; immunoglobulin and antibodies: structure and biologic properties

antigenicity and immunogenicity; antigen presentation; cell activation/regulation; tolerance/clonal deletion immunologic mediators: chemistry, function, molecular biology, classic and alternative complement pathways,

cytokines, chemokines

immunogenetics; MHC structure and function, class I, II molecules; erythrocyte antigens

immunizations: vaccines, protective immunity

alterations in immunologic function

immunologically mediated disorders

immunologic principles underlying diagnostic laboratory tests

innate immunity

### **Quantitative methods**

fundamental concepts of measurement

fundamental concepts of study design

fundamental concepts of hypothesis testing and statistical inference

# Hematopoietic and Lymphoreticular Systems

# Normal processes

embryonic development, fetal maturation, and perinatal changes organ structure and function cell/tissue structure and function repair, regeneration, and changes associated with stage of life

## Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical injury neoplastic disorders metabolic and regulatory disorders vascular and endothelial disorders systemic disorders affecting the hematopoietic and lymphoreticular system idiopathic disorders

# **Principles of therapeutics**

mechanisms of action, use, adverse effects of drugs for treatment of disorders of the hematopoietic system other therapeutic modalities (eg, splenectomy, chelating agents, radiation therapy for lymphomas, plasmapheresis)

# **Central and Peripheral Nervous Systems**

# Normal processes

embryonic development, fetal maturation, and perinatal changes

organ structure and function

cell/tissue structure and function

repair, regeneration, and changes associated with stage of life

## Abnormal processes

infectious, inflammatory, and immunologic disorders

traumatic and mechanical disorders

neoplastic disorders

acquired metabolic and regulatory disorders

vascular disorders

systemic disorders affecting the nervous system

idiopathic disorders affecting the nervous system

congenital disorders, including metabolic

degenerative disorders

paroxysmal disorders

disorders of special senses

psychopathologic disorders, processes and their evaluation

## **Principles of therapeutics**

mechanisms of action, use, and adverse effects of drugs for treatment of disorders of the nervous other therapeutic modalities (eg, radiation, CFS shunting, surgery)

11%-13%

# **Skin and Related Connective Tissue**

# Normal processes

embryonic development, fetal maturation, and perinatal changes organ structure and function cell/tissue structure and function, including barrier functions, thermal regulation, eccrine function repair, regeneration, and changes associated with stage of life or ethnicity skin defense mechanisms and normal flora

### Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic, regulatory, and structural disorders vascular disorders systemic disorders affecting the skin

### **Principles of therapeutics**

mechanisms of action, use, adverse effects of drugs for treatment of disorders of the skin/connective tissue other therapeutic modalities (eg, laser, tattoo removal, cryotherapy)

# Musculoskeletal System

## Normal processes

embryonic development, fetal maturation, and perinatal changes organ structure and function cell/tissue structure and function repair, regeneration, and changes associated with stage of life

#### Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic, regulatory, and structural disorders vascular disorders systemic disorders affecting the musculoskeletal system idiopathic disorders degenerative disorders

### **Principles of therapeutics**

mechanisms of action, use, adverse effects of drugs for treatment of disorders of the musculoskeletal system other therapeutic modalities (eg, radiation, surgery, casts, rehabilitation)

5%-7%

# **Respiratory System**

## Normal processes

embryonic development, fetal maturation, and perinatal changes organ structure and function cell/tissue structure and function, including surfactant formation, alveolar structure repair, regeneration, and changes associated with stage of life pulmonary defense mechanisms and normal flora

### Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic, regulatory, and structural disorders vascular and circulatory disorders systemic disorders affecting the respiratory system

### **Principles of therapeutics**

mechanisms of action, use, and adverse effects of drugs for treatment of disorders of the respiratory system other therapeutic modalities (eg, oxygen therapy, nasal CPAP, mechanical ventilation, physical therapy, surgical procedures, including transplantation)

# **Cardiovascular System**

### Normal processes

embryonic development, fetal maturation, and perinatal changes

organ structure and function

cell/tissue structure and function

repair, regeneration, and changes associated with stage of life

### Abnormal processes

infectious, inflammatory, and immunologic disorders

traumatic and mechanical disorders

neoplastic disorders

metabolic and regulatory disorders

vascular disorders

systemic diseases affecting the cardiovascular system

congenital disorders of the heart and central vessels

### **Principles of therapeutics**

mechanisms of action, use, adverse effects of drugs for treatment of disorders of the cardiovascular system other therapeutic modalities (eg, pacemakers, angioplasty, valves, grafts, other surgical procedures)

11%-13%

# **Gastrointestinal System**

### Normal processes

embryonic development, fetal maturation, and perinatal changes organ structure and function cell/tissue structure and function repair, regeneration, and changes associated with stage of life gastrointestinal defense mechanisms and normal flora

### Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic and regulatory disorders vascular disorders systemic disorders affecting the gastrointestinal system

### **Principles of therapeutics**

mechanisms of action, use, adverse effects of drugs for treatment of disorders of the gastrointestinal system other therapeutic modalities (eg, surgical procedures, stents, feeding tubes)

# **Renal/urinary System**

### Normal processes

embryonic development, fetal maturation, and perinatal changes

organ structure and function

cell/tissue structure and function

repair, regeneration, and changes associated with stage of life

#### Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic and regulatory disorders vascular disorders systemic diseases affecting the renal system

### **Principles of therapeutics**

mechanisms of action, use, and adverse effects of drugs for treatment of disorders of the renal and urinary system

other therapeutic modalities (eg, dialysis, renal transplantation)

7%-9%

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# **Reproductive System**

# Normal processes

embryonic development, fetal maturation, and perinatal changes organ structure and function cell/tissue structure and function reproductive system defense mechanisms and normal flora

# Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic and regulatory processes systemic disorders affecting reproductive function disorders relating to pregnancy, the puerperium, and the postpartum period

# Principles of therapeutics

mechanisms of action, use, adverse effects of drugs for treatment of disorders of the reproductive system and management of normal reproductive function

other therapeutic modalities affecting the reproductive system (eg, tampons)

# **Endocrine System**

# Normal processes

embryonic development, fetal maturation, and perinatal changes

organ structure and function

cell/tissue structure and function, including hormone synthesis, secretion, action, and metabolism repair, regeneration, and changes associated with stage of life

# Abnormal processes

infectious, inflammatory, and immunologic disorders traumatic and mechanical disorders neoplastic disorders metabolic and regulatory processes vascular disorders systemic disorders affecting the endocrine system idiopathic disorders

# Principles of therapeutics

mechanisms of action, use, and adverse effects of drugs for treatment of disorders of the endocrine system other therapeutic modalities (eg, surgery, radiation)

# 5%–7%

## 4%–6%