

## CLA Sizzle Video 2026 Update

Narrator: Communication skills are critical to building compassionate relationships and providing high quality patient care, yet medical students often feel unprepared to communicate with patients in real hospital and clinic settings.

Introducing the communication learning assessment from NBME. CLA was developed using a rigorous model built by NBME. To support a competency-based approach to medical education, easily accessible through a mobile app, it is designed to help you give your pre-clerkship students a safe, structured space to practice a patient-centered communication. By pairing digital simulations across a range of real life scenarios with self-reflection activities and exemplars, CLA helps learners identify knowledge gaps and understand how to better provide information, respond to emotional situations, and more.

Individual performance tracking allows you to see which students are demonstrating the target behaviors and which would benefit from more support, so you can offer direct individualized feedback to guide each student's continued growth.

In a study, students who used CLA were 43% more likely to demonstrate patient-centered communication skills over time, and nine out of 10 felt more confident after completing it.

*On-screen:* [Footnote: Students who used CLA with the full feedback model were significantly (43%) more likely to demonstrate patient-centered communication behaviors during a 2nd session as compared to the 1st session, indicating improved skills over the 1-2 week interval between assessments. Each assessment included 4 CLA vignettes.]

Footnote: 9 out of 10 students reported feeling more confident in their ability to communicate effectively with patients after completing the CLA full feedback model over two sessions 1-2 weeks apart.]

As you prepare your students to provide optimal care for all, make sure they're ready with the skills they need for clerkship and beyond. Turn uncertainty into confidence with CLA. Visit our website to learn more.

*On-screen:* [Communication Learning Assessment. [nbme.org/CLA](https://nbme.org/CLA).]

Nbme.org forward slash CLA